

# FOOD SUITABLE FOR TRADITIONAL SYSTEMS

# FOOD SUITABLE FOR SPIDOCOOK™ GRILLS AND FRYTOP



Food Item	Traditional System Suitability	Temperature (°C)	Spidocook™ Grill/Frytop Suitability
PRAWNS	Highly Suitable (White)	400°C	Highly Suitable (Red)
CHICKEN BREAST	Highly Suitable (White)	390°C	Highly Suitable (Red)
SALMON	Highly Suitable (White)	380°C	Highly Suitable (Orange)
RADICCHIO	Highly Suitable (White)	380°C	Highly Suitable (Orange)
SEABASS FILLET	Highly Suitable (White)	380°C	Highly Suitable (Orange)
BACON	Highly Suitable (White)	380°C	Highly Suitable (Orange)
EGGS	Highly Suitable (White)	380°C	Highly Suitable (Orange)
MUSHROOMS	Highly Suitable (White)	350°C	Highly Suitable (Light Orange)
BREADED CHICKEN CUTLET	Highly Suitable (White)	350°C	Highly Suitable (Light Orange)
COURGETTES	Highly Suitable (White)	350°C	Highly Suitable (Light Orange)
HAMBURGERS	Highly Suitable (White)	300°C	Highly Suitable (Light Orange)
TOASTED SANDWICH	Highly Suitable (White)	300°C	Highly Suitable (Light Orange)
TOAST	Highly Suitable (White)	280°C	Highly Suitable (Light Orange)
FLATBREAD	Highly Suitable (White)	280°C	Highly Suitable (Light Orange)
FOCACCIA BREAD	Highly Suitable (White)	240°C	Highly Suitable (Light Orange)